



**METRO**  
GROUP OF HOSPITALS

HEALTHCARE • EDUCATION



## Dr. Naresh Babbar

MBBS, MD (Medicine)

**Sr. Consultant – Internal Medicine**

Metro RLKC Hospital, Pnadav Nagar

**Over 35+ years of experience in treating patients**

### INTRODUCTION

Dr Naresh Babbar is a senior healthcare administrator and consultant physician with over 35 years of clinical and hospital leadership experience in India and abroad. He specialises in Internal Medicine and Diabetology, along with strategic hospital operations, NABH standards implementation, and clinical quality management.

Before joining Metro Group of Hospitals, he served as Medical Advisor, Medical Director and Senior Consultant Physician at MGS Super Specialty Hospital, New Delhi, for more than two decades. He has also practised internationally in Nigeria, USA and France, gaining extensive exposure to global healthcare systems.

Dr Babbar has led the expansion and quality transformation of healthcare facilities, including increased bed strength, establishment of dialysis, CT/MRI, cath lab and critical care units, and accreditation processes for NABH and NABL. He continues to drive organisational efficiency, patient safety, advanced clinical services and excellence in internal medicine at Metro RLKC.

### Availability

**Tuesday, Thursday, Saturday**

**08:00 AM – 11:00 AM**

**Monday, Wednesday, Friday**

**03:00 PM – 05:00 PM**


\* By appointment Monday to Saturday 09:30 am to 04:00 pm

### EDUCATION

- MD (Medicine) – Government Medical College, Jabalpur
- MBBS – Government Medical College, Jabalpur
- MBA – Hospital Management – Shobhit University
- Postgraduate Course in Advanced Diabetes – Harvard Medical School, USA
- SCOP Certified Obesity Consultant – World Obesity Federation, London
- NABH Internal Auditor Training
- Observer Fellowship – France (Clinique de Pasteur, Toulouse)

### EXPERIENCE

- Medical Superintendent & Unit Head – Metro RLKC, Delhi (2025–Present)
- Senior Consultant – Internal Medicine – Metro Group of Hospitals
- Medical Advisor & Senior Consultant Physician & HOD – MGS Super Specialty Hospital
- Medical Director & Senior Consultant Physician – MGS Super Specialty Hospital (Full Time/Various Tenures)
- Consultant Physician – Nigeria (Primus international Hospital)
- Various Senior Clinical & Hospital Leadership Roles in India, Nigeria and observership at USA, Canada and France

Call  **8447 666 333**  
to book an appointment

# Metro RLKC Hospital & Heart Institute

Pandav Nagar, Naraina Road, New Delhi-110 008 | [www.metrohospitals.com](http://www.metrohospitals.com)

## AREAS OF EXPERTISE

Internal Medicine & Critical Care

- Diabetes, Thyroid & Metabolic Disorders
- Diabetic & Endocrine Clinics Management
- Hypertension & Preventive Cardiac Care
- Hospital Administration & NABH/NABL Accreditation
- Emergency & ICU Clinical Leadership
- Strategic Hospital Expansion & Quality Standards
- Obesity & Lifestyle Disease Management

## AWARDS / ACCOMPLISHMENTS

- Published research in JAPI (API 1990)
- Established multi-specialty expansions including ICU, Dialysis, MRI/CT, Cath Lab & OT units
- Led NABH & NABL accreditation initiatives
- Successfully managed long-term clinical & administrative leadership at MGS Hospital for 20+ years


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