Metro Centre for
Psychiatry Department

METRO
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HEALTHCARE • EDUCATION



Ms. Jahnavi Badarinath

BA (Psychology), MSc (Developmental Psychology & Psychopathology),

Consultant – Psychologist

4+ YEARS
Of experience in Developmental Psychology (Child & Parent) & Mental Health Counselling

Scan QR for
appointment

Ms. Jahnavi Badarinath specialises in **developmental psychology, child** and **adolescent mental health, maternal mental health** and **psychological counselling.**

Area of Expertise

- Child & Adolescent Mental Health
- Maternal & Perinatal Mental Health
- Stress, Anxiety & Burnout Management
- Couple & Relationship Counselling
- Parent Guidance & Coaching
- Developmental & Behavioural Assessment

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